

Film title

Unclenching the fists

Tagline

From the producer of Leviathan and Loveless

Short synopsis

In a former mining town in North Ossetia, a young woman struggles to escape the stifling hold of the family she loves as much as she rejects.

Long synopsis

High in the mountains of North Ossetia, a small mining town of Mizur nestles between the sheer cliffs. Following certain dramatic events, Zaur moved his children Ada, Akim and Dakko here. Zaur is a strict father who prizes discipline above all and doesn't feel the difference between care and overprotection. His eldest son, Akim, already escaped from his father to work in Rostov, the closest city to Mizur. His younger brother, Dakko, has yet to decide what he wants from life, and their sister Ada is actively planning her escape. She is a grown woman but her father still treats her as a baby. Ada will soon realize that it will be very hard to escape her father's embrace and begin her own new life. The return of her older brother Akim will illuminate the family's unspoken and unhealed traumas.

Technical information and credits

Original title: Razzhimaya kulaki English title: Unclenching the fists

Year: 2021 Country: Russia Language: ru Subtitles: cz

Running time: 97 min Dostupnost: 15+

Genre: Drama

Directed by: Kira Kovalenko

Written by: Kira Kovalenko, Lyubov Mulmenko, Anton

Yarush

Edited by: Vincent Deyvaux, Mukharam Kabulova

Cinematography: Pavel Fomintsev Sound by: Rostislav Alimov



Awards

Cannes IFF - Un Certain Regard Award - 2021 Russia's national NIKA film awards - Nominee | Best Film, Best Director, Best Actress, Best Film Editing, Discovery of the Year - 2022 European Film Awards - Best Editing - 2021

Actors

Milana Aguzarova, Alik Karaev, Soslan Khugaev